

Feng shui *your* relationships

Carolyn McCallum has studied the ancient art of feng shui, and believes that you can improve your love life by adopting its practices.

Feng shui is a traditional Chinese practice dating back over 2,000

years. In essence, it is the study and application of how qi (pronounced chee, which means life force energy) moves in our surroundings, and how our buildings, their interiors and our environment affect us.

Developed over two millennia, feng shui is used by people the world over to help create prosperity, abundance and wellbeing in their lives.

Many people would like to increase their prosperity by using feng shui. However, it's important to focus first on your relationships and health, because without these two things, prosperity is worthless. You might be rich but you won't be happy. Once people use feng shui to help support their relationships and health, the prosperity quickly follows. Understanding the feng shui in your surroundings will bring you more opportunities to improve every aspect of your life.

Traditional teaching

There are many schools of feng shui, each with its own approach. This article is based around the principles of the Flying Star, Compass and Yin Yang schools, all of which are several hundred years old. The

most recent school – Black Hat – was developed in the USA in the 1980s, and although some of its ideas were based upon traditional feng shui, the majority of it was simplified to such an extent that the results were largely compromised. Unfortunately, it is this school that forms the basis of most modern feng shui books, so you may previously have tried to put this type of feng shui into practice with limited results.

Ensuring a positive, loving and supportive relationship is not, alas, as simple as merely activating the romance corner (the far-right corner of your home, as you walk in the front door), as the Black Hat School advises. Traditional feng shui is far more complex, but it does produce the

desired results; and this article will provide you with a greater understanding of the complexities of traditional feng shui.

Compass School

In Compass School, the South West is the area in feng shui that corresponds to relationships. That being the case, there is a number of important factors to consider. First, you need to find the South West of your home, garden and each room in your home. Think about what is there. Missing this section of your home, or having a toilet, drain or ugliness of any sort in this area, negatively impacts on your relationships and any romance you may want.

Filling the South West of your home, garden and each room with beauty assists in improving the romance and type of



relationships and partners you attract. The Chinese believe placing mandarin ducks in the South West helps to attract positive relationships and romance. You can also use pairs of anything beautiful to achieve the same results. Some items you may consider include: a pair of red candles; a pair of elephants (with trunks up for good luck); a statue of lovers; a picture or photograph of a couple; a picture of obvious love symbols, such as a heart; rose quartz; pictures or ornaments of Cupid; two red roses; or a pair, or artwork of a pair, of anything that you find beautiful.

It is also important that there is a clear path from the front door to your bedroom, and that your bedroom is well aired to keep the positive qi and opportunities for romance fresh and regular. Your bedroom is an important area, where your relationships and health are either supported or challenged, depending on the energy located there.

If it is dark and full of clutter, the energy there is stagnant, and it is likely you will struggle with relationships. The colour red represents love and romance, so burning red candles, for instance, in the South West of your bedroom helps support this romantic energy. Creating an area full of objects representing love in the South West of your bedroom also helps.

For singles wanting to find a partner, remove any old relics, photos or memorabilia from previous relationships, which are stopping you from moving on energetically. Buy new sheets, signifying you are ready for a fresh start. You also need to make space for a new partner to come into your life. Leave some room in the wardrobe and bathroom cupboards, and a dresser drawer or two empty to ensure you are making space for a new romance to enter your life.

For couples in a relationship, ensure there are no pictures of children in your bedroom. It is much better to keep the energy of your bedroom all about you as a couple. Putting your marriage certificate on the wall, for instance, or a photo of the pair of you is preferred in this sacred space.

Flying Star School

There are nine flying stars in the Flying Star School. These stars relate to positive, neutral or negative energy, depending on the time period. We are currently in Age 8 (2004 to 2024), so the prosperous flying stars are now 8, 9 and, to a lesser degree, 1. These stars are considered positive for relationships, health and wealth. The flying stars 2, 3, 5 and 7 are negative, and create challenges wherever they are located, so need to be remedied. The flying stars 4 and 6 are generally considered neutral stars.

A professional feng shui consultant

(costing between \$400 and \$700)

needs to work out exactly where the flying stars are located in the home, so they can provide recommendations on the best colours and materials to use, the optimum positioning of furniture, stoves, fireplaces, barbecues

and water features, as well as whether any remedies are required. Rooms where you eat, sleep, study or make money should be rooms where the flying stars are good. It is best to have bad flying star combinations in the bathrooms, laundry and kitchen, because the drains help drain away this negative energy. Where a potentially bad flying star falls in an important room, the professional consultant uses their knowledge to modify, reduce or defeat these effects. The energy of neutral stars takes on negative or positive qualities depending on their immediate surroundings. So if the area where the flying star 4 is located is clear of clutter and full of beautiful things, the star takes on the positive qualities relating to romance, creativity and academic achievement. If the sector where the flying star 4 is located is cluttered, the star takes on the negative qualities relating to adultery, sex scandal and laziness. So depending on how tidy or untidy the area is that contains the flying star 4, your relationships with people are affected accordingly.

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Sometimes people who want to either support their romance or increase their opportunities of finding a partner are recommended to place a water feature where the flying star 4 is located. A really important aspect of the placement of water features is to ensure that every time you see them, you think about what you are trying to achieve. With water features placed in the flying star 4, the purpose is to activate romance and support your relationships, so the affirmation could be, “Positive relationships, love and romance flow easily and freely into my life.”

Yin Yang School

The focus in Yin Yang School is on balancing the yin and yang (complementary forces) of the home, as well as correct fire, door and water placement. In terms of relationships and the bed you sleep in, females should sleep on the left-hand (yin) side of the bed, and males should sleep on the right-hand (yang) side as you stand at the base of the bed looking at your pillows. If you are a single woman, and you sleep on the right side of your double bed, you are hindering the opportunity for a male to come into your life, because the male side of the bed has been taken. Likewise, if you are a couple and you are sleeping on the wrong side, this will contribute to imbalance within the relationship.

The Yin Yang School also advises that the stove should not be seen from the front door. If it is, it is likely that the couple that resides in the home argues quite a lot. Quite often when you come across this layout, you'll find that the husband spends a fair bit of time sleeping on the couch instead of in the marital bed.

While this article provides several tips to help attract romance and improve your relationships, to get superior results, you need to engage a fully trained and experienced feng shui consultant, to help you achieve a supportive environment. They will be able to recommend ways to help you create prosperity, abundance and wellbeing in your life using a holistic approach. **em**

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Carolyn McCallum is a highly regarded feng shui consultant and is the director of Feng Shui Harmony. Her website contains many testimonials and details about the various types of consultations she offers to suit every budget. To find out more, visit www.fengshuiharmony.com.au and www.everythingfengshui.com.au.
